

*“Mehemea ka Moemoea ahau, Ko ahau anake, Mehemea ka moemoea tatou, Ka taea e tatou”
“If I dream, I dream alone, If we dream as a collective,, we can achieve our dream” Te Puea Herangi*



Waikato
Hauraki
Maniapoto
Raukawa

**healthy
families
Te Ngira**

We are a health prevention project with a bold vision:
Create Systems Change where whaanau and community are healthy and thriving.

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